

I Claim:

1. A method of delivering RF current from a RF source to tissue in a medical procedure comprising
5 contacting a first tissue region with a first electrode,
 contacting a second tissue region with a second electrode spaced apart from the first electrode,
 contacting a third tissue region with a third electrode spaced intermediate the first and second
10 electrodes,
 coupling the first and second electrodes, but not the third electrode, to a source of RF current, and
 applying the RF current between the first and second electrodes, the third electrode serving to direct
15 a path of RF current through the third tissue region.
2. The method of claim 1, further comprising
 applying the RF current between the first and second electrodes at a power in a range of about 0.5 to
20 25 watts.
3. The method of claim 1, further comprising
 applying the RF current between the first and second electrodes at a power in a range of about 2 to 10
 watts.
4. The method of claim 1, further comprising
25 applying the RF current between the first and second electrodes for a time period in a range from about 5 to 180 seconds.
5. The method of claim 1, further comprising
 applying the RF current between the first and
30 second electrodes for a time period in a range from about 10 to 60 seconds.